A manual of HAND-TO-HAND FIGHTING

Kill or Get Killed

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ATTACK WITH MISCELLANEOUS WEAPONS

Knowledge of the correct use of a stick as a means of attack is very valuable. A man without other weapons is given confidence if he knows he can use it to take the offensive and down his opponent. Anything said here about a stick could be applied to a cane, umbrella, swagger stick or any other like object. A stout stick 18 inches long 1 inch diameter is about the minimum length and diameter with which the best results can be achieved.

The use of a stick in attack, combined with the element of surprise, is as follows: grasp the stick in the right hand near one end in a natural grip. Swing the other end up and grasp it about 6 inches from the other end in your left hand with the palm out. With a strong grip of both hands upon the stick and with your right hand held against your body so that this will be the pivot end of your stick, take the left hand and with force bring the left end of the stick across your opponent’s middle section in a horizontal direction. This blow although not fatal and not always an incapacitating one will give the effect of a solar-plexis punch and cause him to lurch forward with his chin out. Stop your horizontal blow at a half-way point across the opponent’s stomach; from this position bring the end of the stick, which is in your left hand up into the soft spot about 1½ inches back from the point of the chin. At the time of the horizontal
Correct stick grip.

Blow across stomach.

Follow up with point to chin.

Or butt stroke to jaw in case of miss.
blow across the stomach step forward or at least bend forward with the left knee to put more body power into the upward blow. Naturally if you miss the chin with the point of the stick in the upward jab the other end of the stick will follow through and give a butt stroke effect as with the rifle. This particular technique ending up with the jab in the underneath part of the chin will often kill, particularly if the point of the stick is sharp or if an instrument such as an umbrella or cane is used with a point or a sharp ferrule on the end, which causes it to pierce up through the mouth cavity into the brain.

Two other methods of using a stick in attack are as follows:

First method: grasp the stick in the same manner as described above with the exception that the stick is grabbed with the left and near the end with the palm toward the body. Facing your opponent and with a firm grip on the stick, sweep the stick upward, catching him underneath the chin to deliver a knock-out blow. Follow through with this blow bending your body backward at the knees as you deliver.

Second method: with the stick held in the same manner raise the stick in your arms to chest level and strike forward to the opponent’s Adam’s apple with great force.

A blow struck at the top of the head with a club will not necessarily cause unconsciousness but may break the stick. To disable a man, using the stick as a club, it is best to use one of the following methods: strike a blow from a horizontal direction against the temple area of the skull. This will result in a fracture and a possible fatality. A blow delivered in a straight downward movement with great force at the point where the neck joins the shoulder will fracture the collar bone causing the left arm and the side of the body to be put out of commission.

If a man is to be put out of action and yet not seriously injured, a very effective way to do this if you are facing him or he is walking toward you (club in your right hand), is to push him on the right shoulder, with your left hand, causing him to pivot and the same time deliver a hard blow on the back of the thigh across the large leg muscles which
Shoving stick against Adams apple and windpipe.
Upward blow to chin.
Horizontal blow to temple.
Downward blow to collarbone.
will cause leg cramp incapacitating him for an indefinite length of time. This blow is used by police in mob action, riots, etc. Police use the club as a jabbing instrument in most circumstances. They jab into the belly or solar plexus area to cause a crowd to give way, etc.